

Schedule Subject to Change



# August 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7 Parent Meeting 5:30 JHS Learning Stairs	8	9	10
11	12	13	14	15 First Practice 3:30-5:00 p.m. Coach Tuschen's Room (No running, just paperwork)	16 3:30-5:30 p.m. JHS Track	17 8:00-9:30 a.m. JHS Track
18	19 3:30-5:30 p.m. JHS Track	20 3:00-3:30 Lifting 3:30-5:30 p.m. JHS Track	21 3:30-5:30 p.m. JHS Track	22 3:00-3:30 Lifting 3:30-5:30 p.m. G204	23 Leave for team camping trip at Blue Mound	24 Team Camping Trip Blue Mound State Park
25	26 3:30-5:30 p.m. G204	27 3:00-3:30 Lifting 3:30-5:30 p.m. G204	28 3:30-5:30 p.m. G204	29 3:00-3:30 Lifting 3:30-5:30 p.m. G204	30 <b>MACK BUTLER INVITE 10:00 A.M.</b>	31 8:00-9:30 a.m. JHS Track

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# September 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 3:30-5:30 p.m. JHS Track	3 3:00-3:30 Lifting 3:30-5:30 p.m. G204	4 3:30-5:30 p.m. G204	5 3:00-3:30 Lifting 3:30-5:30 p.m. G204	6 <b>AUGIE TWILIGHT 6:00 P.M.</b>	7 8:00-9:30 a.m. JHS Track
8	9 3:30-5:30 p.m. JHS Track	10 3:00-3:30 Lifting 3:30-5:30 p.m. G204	11 3:30-5:30 p.m. G204	12 3:00-3:30 Lifting 3:30-5:30 p.m. G204	13 3:30-5:30 p.m. G204	14 <b>NIKE HEARTLAND 10:00 A.M.</b>
15	16 3:30-5:30 p.m. G204	17 3:00-3:30 Lifting 3:30-5:30 p.m. G204	18 3:30-5:30 p.m. G204	19 3:00-3:30 Lifting 3:30-5:30 p.m. G204	20 3:30-5:30 p.m. G204	21 <b>JIM FLIM INVITE 9:00 A.M.</b>
22	23 3:30-5:30 p.m. G204	24 3:00-3:30 Lifting 3:30-5:30 p.m. G204	25 3:30-5:30 p.m. G204	26 <b>BROOKINGS INVITE 4:30 P.M.</b>	27 3:30-5:30 p.m. G204	28 8:00-9:30 a.m. JHS Track
29	30 3:30-5:30 p.m. G204					

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# October 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 3:00-3:30 Lifting 3:30-5:30 p.m. G204	2 3:30-5:30 p.m. G204	3 <b>WATOMA INVITE 2:00 P.M.</b>	4 3:30-5:30 p.m. G204	5 8:00-9:30 a.m. JHS Track
6	7 3:30-5:30 p.m. G204	8 3:00-3:30 Lifting 3:30-5:30 p.m. G204	9 3:30-5:30 p.m. G204	10 3:00-3:30 Lifting 3:30-5:30 p.m. G204	11 3:30-5:30 p.m. G204	12 8:00-9:30 a.m. JHS Track
13	14 Practice TBA	15 3:00-3:30 Lifting 3:30-5:30 p.m. G204	16 3:30-5:30 p.m. G204	17 <b>METRO CONFERENCE 2:00 P.M.</b>	18 3:30-5:30 p.m. G204	19 8:00-9:30 a.m. JHS Track
20	21 Practice TBA	22 3:00-3:30 Lifting 3:30-5:30 p.m. G204	23 3:30-5:30 p.m. G204	24 3:00-3:30 Lifting 3:30-5:30 p.m. G204	25 Practice TBA	26 <b>STATE MEET RAPID CITY 12:00 P.M.</b>
27	28	29 Gear Check in @ Coach Tuschen's Room 3:00 p.m.	30	31		