

Jefferson Cavalier XC/Track and Field

Standards for Excellence

- ✓ **BE A GREAT PERSON**
- ✓ **BE A GREAT STUDENT**
- ✓ **BE A GREAT TEAMMATE**
- ✓ **BE A GREAT ATHLETE**



**YOU NEED TO RAISE
YOUR STANDARDS,
BECAUSE WE DON'T
PLAN TO LOWER OURS!**