

Watoma Invitational Cross Country Meet

October 3rd, 2024

Location: The meet will be located at Cattail Crossing Golf Course.
Directions from Interstate: Head west on HWY 212 for 6.5 miles, turn right on 42nd st. SW/Co. Rd. 15, 1.5 miles on the right will be the golf course.

Departure: You will be dismissed from school at 9:15 a.m. The bus will leave at 9:30 a.m.

Meals: With the early start time, athletes will need to pack their own lunch. We will stop at Walmart/HyVee on the way home.

Arrival: We should arrive back at Jefferson at approx. 6:30 p.m.

Emergency #: Coach Wagoner: 605-838-5149

Teams: Aberdeen Central, Brandon Valley, Brookings, Harrisburg, Huron, Mitchell, Northwestern, Pierre, O’Gorman, Jefferson, Washington, Watertown, RC Central

Schedule: **2:00 p.m. Varsity Girls 5k:** Wigg

2:30 p.m. Varsity Boys 5k: Palmer, Sjomeling, Wagoner

3:00 p.m. JV Girls 4k: Moyer

3:30 p.m. JV Boys 4k: Rozmiarek, Alazar, Kallhoff, Haila

Remember:

- Jersey/Shorts
- Training Shoes/Spikes
- JHS Cross Country Shirt
- Water bottle
- Warm-up Pants/Jackets (in case of rain)
- Extra Socks
- Lunch

Thought for the meet: This is always a very competitive meet on a fast course. This is the last meet before the championship part of our season.

